

## MY SORRY PRAYER

O my God

I am sorry that I have sinned against you

And with the help of your love

I will not sin again.

Amen

## THE CONFITEOR

I confess to almighty God

And to you my brothers and sisters

That I have greatly sinned

In my thoughts and in my words

In what I have done

And in what I have failed to do;

*And striking their breast they say*

Through my fault, through my fault

Through my most grievous fault:

Therefore, I ask blessed Mary, ever virgin

All the angels and saints

And you, my brothers and sisters

To pray for me to the Lord our God.

Amen

